



# Helping, supporting, advising - to keep you being you

**Asbestos Action** is committed to helping anyone affected by an asbestosrelated condition. We are here to support you, to make sure you can keep being you and not get bogged down with filling out forms and worrying about benefits.

We offer practical advice and guidance.

### One to one support

If you have been diagnosed with an asbestos-related disease, our support person will:Our support person will:

- Meet the sufferer, talk with them and simply get to know them
- Visit them at home or in hospital
- Answer any and all questions we know there will be many
- Provide emotional support we really can help
- Provide practical solutions these things just make life easier
- Be available today and tomorrow... and every day going forward
- Talk about benefits and what they may be entitled to
- Ensure all the appropriate benefit forms are completed we know this is daunting
- Provide access to the right legal advice and the compensation claims process
- Be there for the family as well.







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## **Asbestos-related conditions**

#### **Pleural Plaques**

Areas of scar tissue forming on the lining of the lungs (the pleura). Usually they do not carry any long term health problems.

#### **Pleural Thickening**

This is similar in appearance to pleural plaques, but the 'thickening' is more widespread and may involve both layers of the pleura. Diffuse pleural thickening can cause breathlessness and is considered to be more serious than pleural plaques.

#### Asbestosis

Most common disease associated with asbestos exposure. Many people think that asbestosis is a cancer but this is not the case. Asbestosis is also sometimes called "interstitial pulmonary fibrosis". Simply, this means the lung itself is damaged.

#### Asbestos-related Lung Cancer

Workers exposed to asbestos have an increased risk of developing lung cancer. This risk is greatly increased if the person exposed to asbestos also smokes.

#### Mesothelioma

A cancer of the lining of the lungs and can also be known as "malignant pleural mesothelioma". Can also affect the lining of the stomach (peritoneal mesothelioma).

### Benefits you may be entitled to

#### You may be able to claim the following government benefits:

- Industrial Injuries Disablement Benefit
- Carers Allowance

Workers Compensation

Universal Credit

Attendance Allowance

- Other state benefits.
- Personal Independance Payment (PIP)

Benefit forms can sometimes be complicated to understand and complete. Asbestos Action has years of experience with the benefits system and is happy to visit you at home to advise and help you complete these and ensure you receive the right level of entitlement.

Please get in touch, we are happy to help!